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Department of Labor and Industries  
PO Box 44322  
Olympia WA

## Reducing Your Practice Headaches:



### Industrial Medicine Tips for Treating Doctors

**Saturday, December 9, 2006**  
**7:00a.m. – 5:30 p.m.**



AMERICAN COLLEGE OF  
OCCUPATIONAL AND  
ENVIRONMENTAL MEDICINE

#### Location:

Department of Labor and Industries  
Tukwila Service Location  
12806 Gateway Drive  
Seattle, WA 98168-1050

**For Driving Instruction go to:**  
Mapquest.com

ACOEM and the Washington State  
Department of Labor and Industries jointly  
sponsor this course.

### Overview

This course was developed through the collaborative efforts of physicians and the Department of Labor and Industries in response to doctors' requests for assistance in handling workers' compensation claims and industrial conditions.

Participants will receive fundamental and complex clinical information that will immediately simplify daily care situations and improve patient management success. All doctors, no matter how long they have been in practice, can learn how to:

- Prevent workers' long term disability and
- Reduce their administrative burden by applying basic workers' compensation language and rules when working with claims managers, employers and vocational rehabilitation counselors.

### Course Objectives

Participants will learn to:

- Apply best practices for diagnosis and treatment of industrially injured workers.
- Assess causality of the industrial injury or illness;
- Develop appropriate treatment plans that prevent disability by obtaining modified work, job modifications, etc. to assist patients in remaining employed during recovery;
- Identify early on and manage complicated care patients who may develop chronic pain or other clinically challenging behaviors and problems or long term disability;
- Evaluate and rate spinal impairment;
- Find the resources available to assist clinicians, e.g., consultations, vocational rehabilitation counselors, and check lists for claim closure;
- Use the most effective ways to communicate with insurers, e.g., through reports (accident and other reports) and by phone;
- Resolve conflicts of opinion with the State Fund and Self-Insured employers.

### Faculty

**Tim Gilmore, MD**, Medical Director, Occupational Health Services, Group Health Cooperative, Seattle, WA

**Karen Nilson, MD**, Center of Occupational Health and Education (COHE) at Valley Medical Center, Renton, WA

**Holly Steurmann, CRC**, Health Services Coordinator, Valley Medical Center COHE, Renton, WA

**Mark Sutton, DC**, Private Practice; Approved Examiner, Tumwater, WA

**Dave Threedy, JD**, Adjudicative Law Judge, Board of Industrial Insurance Appeals, Olympia WA

**Les White, DC**, Private Practice; Internal Consultant to L&I; Approved Examiner; Approved Chiropractic Consultant, Seattle, WA

### Planning Committee

**Joanne McDaniel, MA**, Provider Education Manager, L&I, Tumwater, WA

**Hal Stockbridge, MD, MPH**, Course Director, Department of L&I

**Les White, DC**, Private Practice; Internal Consultant to the L&I

### Program Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the Joint Sponsorship of the American College of Occupational and Environmental Medicine and Department of Labor and Industries. The American College of Occupational and Environmental Medicine is accredited by the ACCME to provide continuing medical education for physicians.

ACOEM designates this educational activity for a maximum of 9.0 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

**NOTE: All MDs, DOs, DCs, ARNPs and PAs are encouraged to enroll.**

**All chiropractors who plan to apply for the Chiropractic Consultant Program during fall 2006, must attend this course.**

**Reducing Your Practice  
Headaches:  
Industrial Medicine Tips for  
Treating Doctors  
Saturday, 12/9/06  
L&I Service Location  
Tukwila WA**

**7:00 Registration**

**7:30 Welcome:**

**7:45 Opening a Claim**

Speaker: Mark Sutton, DC

A. *Accident Report*

B. *Starting Treatment in an  
Ongoing Claim*

**9:15 Managing Claims, Administrative**

Speaker: Les White, DC

**10:15 Break**

**10:30 Closing a Claim**

Speaker: Mark Sutton, DC

A. *Claim Closure Issues*

B. *Communication and  
Management Considerations*

C. *Maximal Medical Improvement*

**11:00 Reopening a Claim**

Speaker: Les White, DC

A. *Request for Reconsideration and  
Re-opening*

B. *Protests and Appeal*

**11:30 Claim and Account Center**

**Demonstration: What's New?**

Speaker: Kate Cashman

**12:00 Lunch Provided**



**12:45 Best Practices Toolkit: Return to  
Work After Injury**

Speaker: Karen Nilson, MD and  
Holly Stuermann, CRC

**1:30 Workers' and Employers' Rights  
and Responsibilities and Tricky  
Situations**

Speaker: Dave Threedy, JD, ALJ

**2:00 Special Considerations for the  
Complicated Patient**

Speaker: Tim Gilmore, MD

A. *Definition, Importance & Early  
Recognition*

B. *Management in Primary Care*

C. *The Failed Primary Care Trial*

**2:45 Break**

**3:00 Special Considerations Continues**

**3:45 Impairment Rating of Lumbar and  
Cervical Spine**

Speaker: Hal Stockbridge, MD, MPH

**5:00 Pearls of Learning**

Speakers: Tim Gilmore, MD,

Karen Nilson, MD

Hal Stockbridge, MD,

Holly Stuermann, CRC

Dave Threedy, JD, ALJ

Les White, DC

**5:30 Adjourn**

**Early and safe  
Return to work after injury  
Makes good sense.**

**Tuition: \$100 if postmarked on or  
before November 22, 2006. Add \$25  
late fee if postmarked on or after  
November 23, 2006.**

Fee includes continental breakfast, lunch  
and beverages.

*Make checks payable to: **Department of  
Labor and Industries.** Sorry, we cannot  
accept credit cards.*

**Refund Policy – Written requests for a  
full refund will be allowed if postmarked  
on or before November 30, 2006 through  
December 7, 2006. A \$25 administrative  
fee will be withheld.**

*No refunds will be granted if requested at  
or after the seminar.*

**Location:** Department of Labor and  
Industries Tukwila Service Location.  
**Park in back and enter through the  
back door.** Signs will show you the way.

Jointly sponsored by ACOEM with the  
Washington State  
Department of Labor and Industries

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For more course information,  
Call (360) 902-6817 - Joanne McDaniel

REGISTRATION FORM for  
**Reducing Your Practice  
Headaches:  
Industrial Medicine Tips for  
Treating Doctors**

Saturday, 12/9/06  
Tukwila, WA

\_\_\_\_\_  
*Name*

*Discipline (Check one):*

( ) MD ( ) DO ( ) DC ( ) ARNP ( ) PA

Other \_\_\_\_\_

\_\_\_\_\_  
*Employer*

\_\_\_\_\_  
*Address*

\_\_\_\_\_  
*City/State/Zip*

( ) \_\_\_\_\_

*Work Phone #*

( ) \_\_\_\_\_

*Fax #*

\_\_\_\_\_  
*E-mail Address*

***\$100.00 if postmarked on or before 11/22/06.***

***If later, please add \$25.***

*Make registration checks payable to*

**Department of Labor and Industries.**

***Mail to:***

**Cashier**

**Department of Labor and Industries**

**PO Box 44835**

**Olympia WA 98504-4835**